

Rotary



THE ARCLIGHT

The Weekly Members' Bulletin of the
ARLINGTON ROTARY CLUB
February 25, 2019

<http://www.arlingtonrotaryclub.org>

Meetings: Thursday, 12:00 pm

The Marriott Residence Inn at Courthouse

1401 N. Adams St., Arlington, VA 22201

Hotel Phone: (703) 312-2100

Chartered July 4, 1929 – Now In Our 90th Year



BE THE INSPIRATION

Speaking at Rotary This Week – February 28

Jyl Pomeroy, Director for Mental Health, The Arlington Free Clinic
“The Impact of Depression on our Community”



Jyl Pomeroy is a registered nurse with 37 years' experience in patient care and management positions in hospital and clinic settings, and in conducting hospital inpatient and community outreach education programs. Since 2001, she has been Program Manager for the Behavioral Health Program at the Arlington Free Clinic in Arlington. Since 1992, she has also served at Virginia Hospital Center Arlington as Instructor in childbirth education, new parent support/post partum depression support, facilitating weekly support/education groups for new mothers/parents adjusting to the role of parenthood.

THE ROTARY FOUR-WAY TEST

-- OF THE THINGS WE THINK, SAY, OR DO --

IS IT THE TRUTH?

IS IT FAIR TO ALL CONCERNED?

WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?

WILL IT BE BENEFICIAL TO ALL CONCERNED?

A New Member Joins Arlington Rotary

President-Elect Raquel Neumann inducted Laura Vickers on February 21. Laura is a long-time Arlingtonian, works in real estate sales, is licensed in Virginia and DC but focuses on Arlington. Sue Pyatt sponsored her for membership.



Other Service and Club News

Books for Schools. Thanks to members for your generosity in contributing over \$1000 for books for Arlington Elementary Schools. If you'd still like to participate please donate online at the [AREF webpage](#) or give your donation to Steve Klemp or Chelsi Dildine, no later than February 28. Remember, you can also lend a hand with this project by helping cover the books and write dedications in them, in early March; Chelsi will announce details.

Calling All Members. Our annual spring fundraising banquet and scholarships presentation is right around the corner; the date (probably April 25 or 26), venue, and cost will be announced soon. But now is the time to plan your support – attend the event; invite your friends; be a sponsor and/or donate an auction item; and ask your favorite local businesses to do likewise. President-Elect Raquel Neumann is already organizing the silent auction and asks you to let her know as soon as possible what you can offer.

Get Acquainted Chat. It was a fun, relaxing lunch for DB, Steve, Chelsi, Linda, Phil, David, Olivia, and Raquel on Friday, February 22, at Rustico in Ballston. Thanks to Olivia for proposing and organizing.



Upcoming Events and Programs

Mar 7 – Lunch Program: ARC Member Nelly Evans – Classification Talk

Mar 13 – Regular monthly happy hour at Pinzimini, 6 – 8 pm.

Mar 14 – Lunch Program: ARC Member Sherry Rock – Classification Talk

Mar 21 – Lunch Program: Courtney Reeve, Executive Director, Aspire!, “Education and Low Income Students”

Mar 28 – Lunch Program: Lisa Frikes, Volunteer Arlington

Apr 4 -- Lunch Program: President of the PTA at Oakbridge School, “How ARC’s Empowering Enrichment Donation Was Used”

APRIL ?? – We’re still waiting to finalize the date (probably April 25 or 26) for our **annual fundraiser**.

Greeters for March: Sue Pyatt and Raquel Neumann

NOTE: If you are a greeter and cannot arrive 15 minutes before any weekly meeting during your month, it is your responsibility to make sure your partner will be in attendance or to find a substitute for yourself. Contact **Steve Silcox, scsilcox@gmail.com**, with any questions.

**ARLINGTON ROTARY CLUB
P.O. Box 100038
ARLINGTON, VIRGINIA 22210
ROTARY CLUB NUMBER 5787, DISTRICT 7610
CHARTERED JULY 4, 1929**

2018-2019 OFFICERS

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PRESIDENT-ELECT
PRES-NOMINEE
IMMEDIATE PAST PRESIDENT
SECRETARY
TREASURER
SGT.-AT-ARMS

ROBERT MARTINSON
RAQUEL NEUMANN
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CHELSI DILDINE
SHERRY BARNDOLLAR ROCK
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