

Rotary



# THE ARCLIGHT

The Weekly Members' Bulletin of the  
**ARLINGTON ROTARY CLUB**  
**February 18, 2019**

<http://www.arlingtonrotaryclub.org>

Meetings: Thursday, 12:00 pm

The Marriott Residence Inn at Courthouse

1401 N. Adams St., Arlington, VA 22201

Hotel Phone: (703) 312-2100

*Chartered July 4, 1929 – Now In Our 90th Year*



BE THE INSPIRATION

## Lunch Program February 21, 12:00 noon

Keith Oberg,  
Executive Director Emeritus,  
Bikes for the World



Keith Oberg has led Bikes for the World since its founding. Prior to that, he served as Vice-President and Washington DC Area Coordinator of Pedals for Progress, following a career in international development culminating in 13 years with the Inter-American Foundation (IAF), an independent U.S. Government agency providing grant support to private grassroots development in Latin America and the Caribbean. In 1999, Keith took a leave of absence from the IAF to work with Pedals for Progress and ultimately Bikes for the World, to put into practice some of the insights he gained as a funder, to test the potential of used American bicycles to serve as a catalyst and resource for domestic community

volunteer work and community-led development overseas. Keith's interests in cycling range from the local to the global. A long-time bicycle commuter dating to his early years in Washington DC as a non-car-owning graduate student, he is a former board member of the Washington Area Bicyclist Association and co-founder of Phoenix Bikes, a youth bike program in Arlington VA. Between 1986 and 1998, Keith served as a member (and chairman, 1992-97) of the board of directors of the Institute for Transportation and Development Policy, an advocate for environmentally and economically sustainable transportation policies worldwide. Keith currently lives in Arlington VA with his wife, Jessica Mott; they have two grown children.

## New Member Inducted Last Week

At right: President Robert Martinson inducted PJ Harris last week (with an assist on the pinning by John Becker). PJ is a "Double Hoo" of the University of Virginia, a Charlottesville native, former Corporate Associate at Woods Rogers PLC, and Co-Founder & Chief Sales Officer of Totem Systems, Inc. He graduated from UVA College of Arts and sciences in 2013 and UVA Law in 2016. PJ interned for the Chairman of the Federal Election Commission in the summer of his 1L year, as well as for the presiding judge of the Foreign Intelligence Surveillance Court.



## Club Service Project for February/March

As Club Service Director Chelsi Dildine has announced, our current community service project will build on our existing cooperation with Key Elementary School PTA. With your cash donations, we will buy much-needed books in English and Spanish (the school is bilingual) for presentation to the school. If you'd like to participate please give your donation to Steve Klemp or Chelsi Dildine (check or credit card preferred) or donate online at the [AREF webpage](#). Chelsi will buy the books from a needs list provided by the school. Besides your donation, you can participate by helping cover and dedicate the books in early March (probably at Robert's office, date TBD).

### THE ROTARY FOUR-WAY TEST

-- OF THE THINGS WE THINK, SAY, OR DO --

IS IT THE TRUTH?

IS IT FAIR TO ALL CONCERNED?

WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?

WILL IT BE BENEFICIAL TO ALL CONCERNED?

## Other Upcoming Events and Programs

Feb 22 – Informal lunch, time/place TBD, no speaker, just a chance to get to know one another better. Members, family members, and your guests welcome. Organized by Olivia Adams; see her if you plan to attend.

Feb 28 – Lunch Program: Jyl Pomeroy, Coordinator for Mental Health, Arlington Free Clinic, “Depression”

Mar 7 – Lunch Program: ARC Member Joe Prentice – Classification Talk

Mar 13 – Regular monthly happy hour at Pinzimini, 6 – 8 pm.

Mar 14 – Lunch Program: ARC Member Sherry Rock – Classification Talk

Mar 21 – Lunch Program: Courtney Reeve, Executive Director, Aspire!, “Education and Low Income Students”

Mar 28 – Lunch Program: Lisa Frikes, Volunteer Arlington

## Greeters for February: Chelsi Dildine, Jeff Sutton, La Donna Simon

NOTE: If you are a greeter and cannot arrive 15 minutes before any weekly meeting during your month, it is your responsibility to make sure your partner will be in attendance or to find a substitute for yourself. Contact **Steve Silcox**, [scsilcox@gmail.com](mailto:scsilcox@gmail.com), with any questions.

## Last Week's Speaker



Mitch Opalski, President/CEO of Synergy HomeCare Arlington, offered a useful summary of the differences between “home health care” and “home care” and provided an overview of the very flexible options Synergy can provide to meet the growing demand for assistance at various levels for those who want to age in place.

Mitch was kind enough to leave us his Powerpoint presentation; if you missed the meeting and would like to review it, it's attached to the transmittal email.

**ARLINGTON ROTARY CLUB**  
**P.O. Box 100038**  
**ARLINGTON, VIRGINIA 22210**  
**ROTARY CLUB NUMBER 5787, DISTRICT 7610**  
**CHARTERED JULY 4, 1929**

**2018-2019 OFFICERS**

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PRESIDENT-ELECT  
PRES-NOMINEE  
IMMEDIATE PAST PRESIDENT  
SECRETARY  
TREASURER  
SGT.-AT-ARMS

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RAQUEL NEUMANN  
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BUD MARTIN  
LINDA VALENTINO  
HUGH BARTON

**OTHER 2018-2019 DIRECTORS**

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CHELSI DILDINE  
SHERRY BARNDOLLAR ROCK  
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