



THE **ARCLIGHT**

The Weekly Members' Bulletin of the
ARLINGTON ROTARY CLUB

January 11-17, 2016

<http://www.arlingtonrotaryclub.org>

Meetings: Thursday, 12:15 pm
Washington Golf & Country Club
3017 N Glebe Rd, Arlington, VA 22207
(703) 524-4600

Chartered July 4, 1929 – Now In Our 87th Year



Program This Week

**On January 14 we will be meeting at the Ricker Community Center
(The Gates of Ballston)**

4108 N. 4th St., Arlington, 22203

**Map at right. From corner of Glebe & Quincy, south 1 very short block to 4th St.; turn right, next left, and you'll see the sign for the Ricker Center (also the rental/admin office).
Parking in their lot or on 4th St.**

Thanks to AHC and Walter Webdale.



Our Speaker:

Katherine Mackey - Former Rotary International Scholar

Former Rotary International (RI) Scholar Katherine Mackey will lead an informal discussion about her Rotary experience -- what she learned and how Rotary deeply influenced the woman she is today. Katherine was sponsored by the Research Triangle Park, NC Rotary Club; and through an unusual and exciting turn of events, ended up representing RI for 3 years in 3 different countries. Be

sure to ask Katherine how she came to live in a Mexico City Opus Dei Nunnery (and why it didn't last for long) and what life was like on an RI health project with the Totonac Indians.

After Katherine's return from Switzerland, Spain, and Mexico, she became an actress in DC and NYC for 14 years, and appeared in TV programs such as Sopranos, West Wing, the Wire, and Law and Order SVU and Criminal Intent; and Films such as Sex in the City, Step Up, and Syriana. Today she is the Founder of Virginia Network, a Veterans advocate and Board Member of General Electric's Veterans Network, and a Financial Planner with Integrated Financial Partners in Fairfax. While on the road, Katherine met all types of people who were hurting financially, but afraid to ask for

advice. She met those who had made poor life decisions, and saw the spiritual, emotional, and financial price they had paid as a result. Her experience as a Rotary Scholar compelled her to give back and to help as many people as possible. She decided that if she could help others to understand their financial situation and plan for their futures, they would not only feel better about having a roadmap to their future, but more importantly, hope -- the #1 principal, Katherine has found, that empowers people to make confident and informed decisions regarding their financial well-being. Katherine enjoys educational and motivational speaking; leads financial educational seminars in small businesses, corporations, and organizations; and is always delighted to collaborate with others in meaningful partnerships, such as with CPAs, estate attorneys, and property and casualty professionals.

Last Week



We had an informative and enjoyable off-site session at Arlington County Fire House #3, where we got a briefing with Q&A, had a tour of this state-of-the-art facility, and enjoyed an Italian sub for lunch. The club thanks our hosts, Captain Conde and his team. Also, hats off to Joe Lott for arranging this session, and David Sutfin for organizing the lunch.

Bruce McBarnett, a Rotarian of the Tysons Corner club, visited our meeting and asked us to consider attending the “Screen Actors Guild Awards Reception” fundraiser at the National Press Club on January 30 – if you are interested, a flyer with full details is attached to this e-mail; also Bruce’s business card.

Upcoming Service Opportunities

- Jan 23 – Litter pickup, Glebe Road
- INOVA Blood Drives at Arlington Central Library are scheduled in 2016 for April 16, August 27, and October 29; there may also be one in June (TBD). Members can volunteer to help with registration (see Linda to sign up) or give blood (schedule online with INOVA).

January Greeters: Steve Klemp, John Becker

IMPORTANT - If you are assigned to be a greeter and cannot arrive 15 minutes before any weekly meeting your month, IT IS YOUR REponsibility to make sure your partner will be in attendance or to find a substitute for yourself. Please contact club Admin. Chair, **David Sutfin**, djsutfin@gmail.com with any questions. On tap for February: **Jim Ponder, Mike Matthai**.

Club News

Last Monte Carlo Night for ARC

The Executive Board decided in an e-mail vote December 14 that the club will cease its participation in Monte Carlo Night. We have informed the other participants. We will be looking at other possibilities for fund-raising activities. If you have ideas or comments, please get in touch with President Jeff or Immediate Past President Gary.

Meantime, the Board wants to thank all club members for the personal time and effort they invested in preparing the event this year, their attendance, their sponsorships, and their donations of cash and/or auction items. In addition, we wish to thank all the following local companies and organizations that supported the Arlington Rotary Club for our recent multi-club Monte Carlo Night 2015 fundraiser by becoming sponsors and/or donating merchandise or services.

Ah Love Oil & Vinegar
 AHC Inc.
 AHC Management
 Allegra Printing
 The Arlington Players
 Arrowine (Arlington)
 Arena Stage
 C&C Complete Services

Coleman Power Sports
 La Côte d'Or Café
 Equinox Fitness and Spa (McLean)
 Essy's Carriage House Restaurant
 First Virginia Community Bank (Arlington)
 Holiday Inn (Ballston)
 The Lott Family LLC
 Sign-a-Rama
 Total Wine & Beverage (McLean)

Upcoming Events

- Jan 21 - Lunch meeting and program: **Back at the WGCC** - Lunch meeting and program: Jeff Porro, Speechwriter for Fortune 500 Executives- "Communicate Better to Boost your Business: Secrets of a Fortune 500 Speechwriter"
- Jan 21 - Happy Hour 6:00-8pm Rock Bottom Brewery in Ballston. Parking is \$1 in the Ballston Mall.
- Jan 23 – Our quarterly "Adopt-A-Highway" Litter Pickup
- Jan 28 - Lunch meeting and program: **Dr. Patrice Winter**, Asst. Professor George Mason University Dept. of Global & Community Health, on "Aging Well"
- Feb 4 - Lunch meeting and program: **William Connery**- "The History Guy," author of "Civil War Northern VA 1861" and "Mosby's Raids in Civil War Northern Virginia."
- Feb 4 - Happy Hour 6:00-8pm Rock Bottom Brewery in Ballston. Parking is \$1 in the Ballston Mall.
- Feb 11 - Lunch meeting and program: Lloyd Wolf, Photographer - Living Diversity: The Columbia Pike Documentary Project
- Feb 18 - Lunch meeting and program: Jerome Tennille, Manager, Volunteer Services TAPS Tragedy Assistance Program for Survivors "An Overview of TAPS"
- Feb 18 - Happy Hour 6:00-8pm Rock Bottom Brewery in Ballston. Parking is \$1 in the Ballston Mall.
- Feb 25 – Bruce McBarnette, Tysons Rotarian, on "Ideas/Tips to Improve Your Memory"

ARLINGTON ROTARY CLUB

P.O. Box 100038

ARLINGTON, VIRGINIA 22210

ROTARY CLUB NUMBER 5787, DISTRICT 7610

CHARTERED JULY 4, 1929

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