



# ARCLIGHT

The Weekly Members' Bulletin of the  
**ARLINGTON ROTARY CLUB**

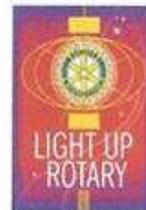
<http://www.arlingtonrotaryclub.org>

Meeting Thursdays, 12:15

At Washington Golf & Country Club

3017 N. Glebe Rd., Arlington VA

Chartered July 4, 1929 – Now In Our 86th Year



**July 21 – July 27, 2014**

## **Last Week's Meeting**

Christopher Fay, Executive Director of Homestretch spoke about how a local nonprofit serving homeless families, has experienced incredible results in helping homeless families

overcome crisis and adversity to build new and stable lives and how local support of organizations, companies and individuals play a crucial role in its achieving such amazing outcomes.

## **This Week's Topic will be the United States Navy in the National Capital Region**

Learn about how Naval District Washington carries out the Navy mission in the National Capital Region.

Get to know the different roles the Admiral play being Commandant of Naval District Washington overseeing all Naval installations in the Region



Rear Adm. Markham Rich is a native of Jacksonville, Fla. He is a 1983 graduate of the University of Florida with a B.S. in Industrial & Systems Engineering and the Naval Postgraduate School with an M.S. in Systems Technology, Space Systems Operations. His operational tours as a naval flight officer include assignments in Fighter Squadrons 14, 143 and 102, and as commanding officer of Fighter Squadron 32. He also served as asst chief of staff, Operations and Plans for Carrier Strike Group Five/Battle Force 7th Fleet. Ashore, Rich commanded Naval Air Station Oceana and was an F-14 Instructor in Fighter Squadron 101 both as a junior officer and as executive officer. He also served on the OPNAV Staff as deputy, Strike Aircraft Plans and Requirements and at U.S. Space Command, Policy and Plans Directorate. He has accumulated more than 3,800 flight hours and 900 carrier-arrested landings.

## **Next week**

Tim Nosal, the Director of Public Affairs for the American Battle Monuments Commission, will present a short history of the ABMC which was established by Congress in 1923 to honor the service, achievements and sacrifices of America's armed forces since 1917. The ABMC now manages 25 cemeteries and 26 memorials across the globe.

## **Please consider supporting the following**

French intern at Voice of America in Washington dc for summer looking for housing until October 2, 2014

*Karine Baudet just graduated with a Bachelor's degree in International Relations in Paris. She is seeking housing in Arlington Virginia (close to Clarendon if possible).*

*If you know some people who may be interested to rent a room or need a roommate, please contact her at [karine.baudet322@gmail.com](mailto:karine.baudet322@gmail.com)*

*She can provide a resume and letters of recommendations.*

Registration for the inaugural [Kennan Garvey Memorial Ride](#) on Aug. 2 is now open.

Subtitled the Sizzling Suburban Century, this peer-to-peer fundraising ride will have distance options of 30, 60, 90 and 100 miles, and will cover the entire length of the Washington & Old Dominion Trail, with an optional 10-mile leg on the Custis Trail. The event honors Kennan Garvey, an early supporter of Phoenix Bikes and our member, Libby Garvey's husband, who died from a heart attack in early 2008. His family established a memorial fund shortly after his death to support Phoenix Bikes' effort to build a larger and permanent facility to house our program. The ride also formalizes an annual challenge we put to Phoenix Bikes youth: To ride the full W&OD trail, out and back, in a single day.



Entry fee is \$50, with riders agreeing to raise \$450 more for a minimum individual goal of \$500. Interested in riding? [Register here](#). Interested in volunteering? [Sign up here](#).